

*Santa Barbara Dons  
Cross Country  
2008 Meet Schedule*

<u>DATE</u>	<u>EVENT</u>	<u>START</u>	<u>PLACE</u>	<u>*DEPART*</u>	<u>WHO</u>
Wed Sept 3	Century Relay	3:00 p.m.	Santa Barbara H.S.		All
Fri Sep 12	Seaside Invitational	2:00 p.m.	Ventura State Beach	Bus 12:00 p.m.	All
Sat Sept 20	Righetti Invitational	9:00 a.m.	Waller Park, Santa Maria	Bus 6:30 a.m.	All
Wed Sep 24	Channel League Meet I	4:00 p.m.	Dos Pueblos High School	Bus 2:30 p.m.	All
Sat Oct 4	Pepperdine Invitational	10:00 a.m.	Pepperdine University	Bus 7:00 a.m.	All
Wed Oct 8	Lake Casitas JV Invitational	5:00 p.m.	Lake Casitas, Ojai	Bus 2:15 p.m.	All
Sat Oct 11	Clovis Invitational	8:00 a.m.	Woodward Park, Fresno	Fri 10/5	Selected
Thu Oct 16	Channel League Meet II	4:00 p.m.	Arroyo Verde Park, Ventura	Bus 1:45 p.m.	All
Sat Oct 25	Mt. S.A.C. Invitational	T.B.A.	Mt. San Antonio College, Walnut	T.B.A.	All
Fri Oct 31	County Championships	2:00 p.m.	River Park, Lompoc	Bus 11:30 a.m.	All
Thu Nov 6	Channel League Finals	2:30 p.m.	Camino Real Park, Ventura	Bus 12:15 p.m.	All
Sat Nov 15	C.I.F. Preliminaries		Mt. San Antonio College, Walnut		Qualify
Sat Nov 22	C.I.F. Finals		Mt. San Antonio College, Walnut		Qualify
Sat Nov 29	State Championships		Woodward Park, Fresno		Qualify
Sat Dec 6	Footlocker Regionals		Mt. San Antonio College, Walnut		Qualify
Sat Dec 13	Footlocker Nationals		Balboa Park, San Diego		Qualify

(revised 9/1/08)

**\*\* ALL ATHLETES MUST TRAVEL TO MEETS WITH THE TEAM AND REMAIN UNTIL THE CONCLUSION OF THE MEET AND DISMISSAL BY A COACH. \*\***

**PRACTICE BEGINS @ 2:15 EACH REGULAR SCHOOL DAY. ATTENDANCE IS MANDATORY.  
Saturdays, School Holidays, and Special Schedules will be announced as necessary.**

Principal: Mark Capritto  
Head Coach: Olivia Perdices

Athletic Director: Nan Verkaik  
Assistant Coaches: Spencer Barr, Chad Bryant, Ashley Coelho

California Interscholastic Federation – Southern Section - Division II – Channel League